

Dining Scarf

Instructions and tips for creating Dining Scarves

Used with Permission by Jan Baker, developer of the Jae/ean DiningScarf

cut the pattern with the neck end on the 'fold of pattern paper, or cut two and tape them together. I suggest using thin poster board cardboard for the pattern. You may want to make multiple patterns for cutting large numbers at one time.

Chose fabric that is 100% polyester in bright colors and patterns. This fabric usually comes in 58"- 60" width. It should be wrinkle free and scarf weight but have enough stability to cover clothing adequately when lying flat. Too heavy fabrics and cottons will give a result that looks bib like and are considered unsuitable. Too flimsy will not lie flat for dining. Patterns and tlorafs are.especially nice,

The final pattern [s one side of the full scarf. Cut two per scarf. I suggest buying fabrics by the bolt, possibly 'from areas like NYC which often sells bolts or large bolt ends for about \$2 per yard. The bolts can be rolled out on a long wld e table and then go back and forth, layering the fabric so that many can be cut at one time. (*Or* on a narrower table, fold the fabric exactly in half and then layer.) Electric scissors or ver} sharp fabric scissors are recommended. Place multiple patterns on the fabric and use weights to hold them in place. Place patterns as close as possible to get maximum numbers of scarves on the fabric.

After cutting, place two halves right sides together and stitch around each one leaving a four inch space open for turning. (usualfy on one of the neck sides) clip corners, trim seam on curves. Top stitch this neck area. Some people topstitch the entire scarf but this is optional and might lessen the scarf-like appearance on some fabrics.

The dimensions of the dining scari fit most people but some very large obese people require a larger and longer scarf.

The dining scarves are stain resistant. Before laundering some stains, especially on solid fabrics, might require Spray and Wash or some product which releases the food or oil spills.

Dining scarves are not waterproof. If a more waterproof dining scarf is desired, choose very light waterproof nylon material that is used for windbreakers and lightweight raingear as a lining fabric for the scarf excluding the neck area. It may be placed in the lower area of each end of the scarf and stitched in on the wrong side of the fabric before turning.

Adding Grace and Beauty to Mealttime

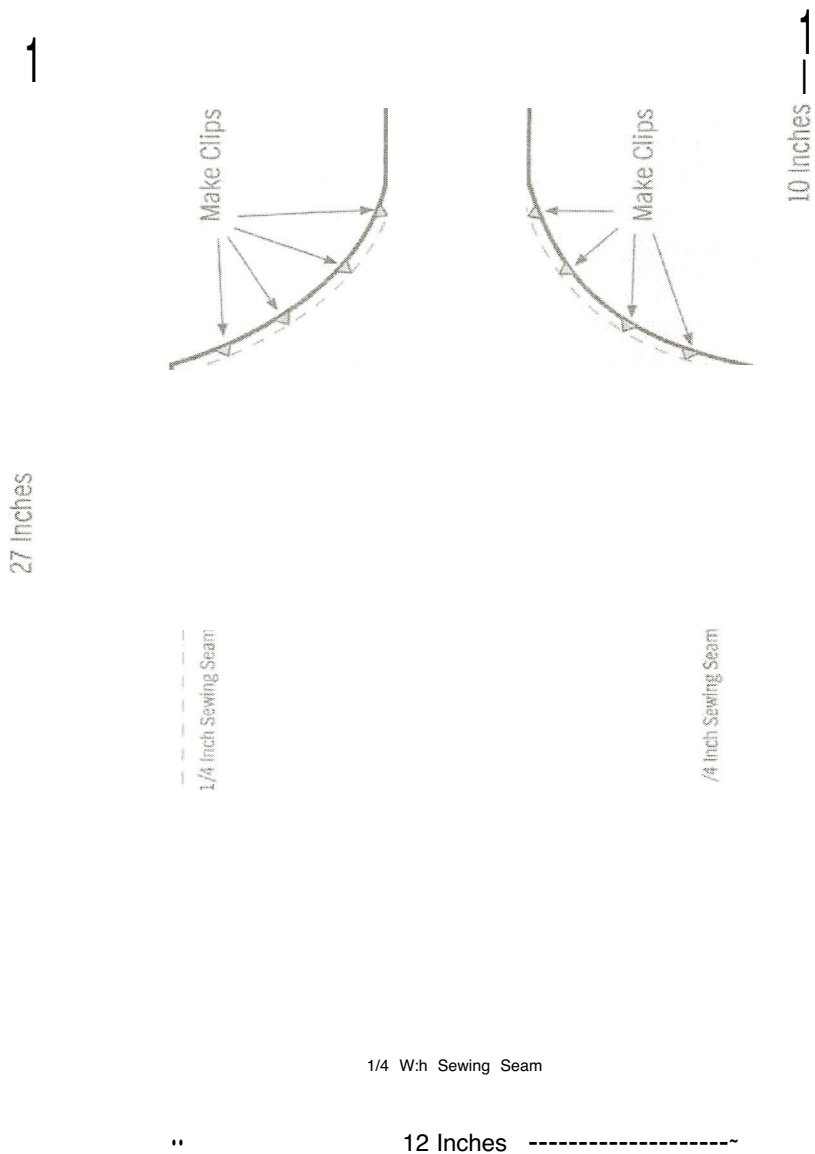
This easy sewing pattern creates a dignified way to help people stay clean at meal times and during the day. Get creative and have fun with selecting different fabric colors and prints and changing the pattern dimensions to make it wider~ longer or thinner. We have found that 100% Polyester fabric seems to work the best Wrapping paper or paper from office type flip charts works well to cut the pattern from.

10 Easy Steps to Sewing a Dining Scarf

1. Fold your fabric in half.
2. Place pattern on the fold of the fabric. Cut 2 patterns for 1 scali. This will make the 2 panels for the front and back of the scarf.
3. Turn the fabric inside out (colorful side will be on the inside and the back of the fabric will be facing outside).
4. When opening the fabric, you will have a long scarf.
5. Before sewing, decide which will be the top and bottom of the scali. (Both will look the same).
6. With both pattern pieces together, sew along the outer edge; making a X^n seam and leave a 4" opening on the bottom of the scarf. (This isto allow turning the scarf right side out).
7. CHpcurve in corners to release tension on the fabric
8. Iron the scarf.
9. Turn the scarf right side out
10. Tuck in 1/4 " of the bottom opening and sew it, continuing to sew around the entire scarf to hold the front and back fabric together securely to avoid bunching.

Dining Scarf Pattern

3 1/2
-Inches--



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